

Unlock Lisbon



This patch was created for a 2025 Silver Award by Cadettes Adriana and Lucia.

To receive this patch, all levels have to complete the bingo and read about the various historical and cultural facts we have written down. For the Places to Visit and Food sections, here is what each level must check off:

Daisies: 2 places to visit, 2 foods

Brownies: 3 places to visit, 3 foods

Juniors: 4 places to visit, 4 foods

Cadettes: 5 places to visit, 5 foods

Seniors & Ambassadors: 6 places to visit, 5 foods

Places to visit

- ★ *Museu do Dinheiro* (Money Museum), *Baixa-Chiado* (free)
- ★ *A Vida Portuguesa* (a store with traditional Portuguese things), many different locations
- ★ Visit one of Lisbon's *miradouros* (free)
- ★ *Castelo São Jorge* (St. George's Castle), *Alfama* (paid to enter the inner area)
- ★ The Bertrand bookstore in *Chiado*, the oldest bookstore still open in the world
- ★ The *Sé de Lisboa* (Lisbon's Cathedral), *Alfama* (free)
- ★ MAAT (Museum of Art, Architecture and Technology), *Belém* (paid)
- ★ *Museu Nacional do Azulejo* (National Tile Museum), *São João* (paid)
- ★ *Pavilhão do Conhecimento* (Science Centre), *Oriente* (paid)
- ★ *Oceanário de Lisboa* (Lisbon Aquarium), *Oriente* (paid)
- ★ Ride on tram 28, one of the main symbols of Lisbon (paid)
- ★ *Padrão dos Descobrimentos* (Monument of Discoveries), *Belém* (paid to enter the inside)
- ★ *Museu da Carris* (Carris Museum), *Belém* (paid)
- ★ *Convento do Carmo* (Carmo Convent), *Baixa-Chiado* (paid to enter inside)
- ★ *Museu de Lisboa - Teatro Romano* (Roman Theatre Museum), *Alfama* (paid)

Food

You don't need to eat these, only find them, but we encourage you to try if you can!

- ★ *Pastel de Nata*, one of Lisbon's most iconic pastries.
- ★ *Gorilla* gum has been around since 1975 and is now a staple Portuguese candy in grocery stores.
- ★ Sardines: canned, fresh or grilled.
- ★ Traditional pastries can be found in many little cafes. Take a look at the different shapes and think about what you would name them.
- ★ Codfish, in Portugal known as *bacalhau*, is the base for lots of different dishes.
- ★ *Salame* is a chocolatey treat with pieces of cookie inside; it looks very unique. You can find it in pastry shops or grocery stores.
- ★ *Doce de ovo* is what many pastries are filled with; its orange color comes from the egg yolks it's made with.
- ★ *Bola de Berlim* – a classic beach snack, but you can also find them in cafes.
- ★ *Bifana* is a pork sandwich usually eaten with mustard, and it makes for a great dinner along with some potato chips.

:)

Things to learn

Simple Portuguese phrases

- ★ “*Olá*” - Hello
- ★ “*Obrigada*”/”*Obrigado*” - thank you (*obrigado* is male and *obrigada* is female)
- ★ “*Se faz favor*”/”*Por favor*” - please
- ★ “*Bom dia*” - Good morning
- ★ “*Boa tarde*” - Good afternoon
- ★ “*Boa noite*” - Good night
- ★ one - *um*
- ★ two - *dois*
- ★ three - *três*
- ★ four - *quatro*
- ★ five - *cinco*
- ★ “*Um pastel de nata, se faz favor*” - One custard tart, please.
- ★ “*Uma tosta mista e um sumo de laranja, se faz favor.*” - One ham and cheese toastie and an orange juice, please.

:)

Alfacinhas: The people of Lisbon

Alfacinhas (Little Lettuces) is a term used for people who live in Lisbon.

There are many theories about where the name originated, but we've chosen our favorite. This theory states that there were lots of lettuce plantations in the Lisbon area because during the Moor occupation in the 8th century, they most likely planted them. The word for lettuce in Arabic was “*Al-Hassa*”, and was then used as a base for the word in Portuguese, “*alface*”. Consequently, came the term *Alfacinhas*.

Legend of St. Vincent

The legend of *São Vicente* states that this saint was born in Spain at the end of the third century. When the Christian persecution started, Vincent was one of the many captured and tortured by the Romans. After he passed away, the body of this martyr was tossed into the sea. Always protected by crows, it floated until it reached the shore near *Sagres*. A chapel was built for the saint there, which was also watched by crows. In the 12th century, the founder of Portugal (*Dom Afonso Henriques*) ordered that the relics of the saint should be brought to Lisbon, and as the most famous part of the story goes, crows continued to watch over the remains of *São Vicente*, generating the image that can be seen on the capital city's coat of arms.

Bordalo II

Artur Bordalo, who goes by the name of *Bordalo II*, is a Portuguese street artist born and raised in Lisbon. When you walk around the city, you are likely to encounter his breathtaking artworks. He creates colorful and joyful animals with recycled bits and bobs you could find anywhere, from shopping carts to the lids of trash cans. His famous works are everywhere. Some examples of his art include pelicans, octopuses, and snails. Besides his works spread out in Portugal, *Bordalo II* also has works in Germany, the USA, the Dutch Caribbean and many other places around the world.

The story of *doce de ovo*

Doce de ovo is a custard made from egg yolk, used so much in Portuguese pastries because monks used only egg whites to starch their robes. They did not want the yolks to go to waste, so they created *doce de ovo*, from the leftover egg yolks and sugar. It is now one of the most used fillings in Portuguese confectionery.

Once you have completed the patch, please send an email to lisbongirlscouts@usagso.org with the number of patches you need.

Bingo

Here is the link to the bingo so you can print it out and complete it:

https://www.canva.com/design/DAGyOJKFo5I/e79TcXshcj613Dgv_cQClw/view?utm_content=DAGyOJKFo5I&utm_campaign=designshare&utm_medium=link2&utm_source=uniquei

Unlock Lisbon Bingo

Find a person hanging up clothes to dry	Find a Bordalo II artwork	See the tram 28	Find three different tile designs
See a Tuk Tuk	Sit with the Fernando Pessoa statue in Chidao	Find the flag of Lisbon	Find five souvenir shops
Discover a hidden passge in Lisbon	Spot two calçada St. Vincent boats	Find a chocolate umbrella	Go visit one of the main squares, like Rossio
Spot three Ronaldo jerseys (CR7)	Find your birth year on a tin of sardines	Find one tour guide group with an umbrella or a flag	Walk by the Tagus river